

2019 EMC Championships - 5/2/2019

Gretna High School

Results

Event 1 Girls 100 Meter Dash

Meet: 12.10M 2005 Alyssa Vierregger

Lane Name	Yr	Team	Prelims
Preliminaries			
1 Gilbert, Lexie	11	ELK	12.49Q
2 Roy, Mackenzie	12	NORR	12.71Q
3 Bartels, Michaela	12	BEN	12.92Q
4 Schernikau, Sydney	12	WAV	12.53q
5 Bothwell, Isabel	12	GHS	13.00q
6 Moyer, Taylor	12	NCHS	13.11q
7 Hartweg, Grace	10	WAV	13.22q
8 Wieczorek, Maddie	09	GHS	13.29q
9 Dalton, Ella	09	ELK	13.36
10 McCain, Morgan	12	NORR	13.59
11 Heisler, Ally	10	GHS	13.63
12 Miller, Cassie	11	ELK	13.66
13 Chappell, Isabella	11	PLAT	13.71
14 Qualset, Maya	10	WAV	13.76
15 Tolusso, Fiona	12	NCHS	13.84
16 Ray, Madyson	11	BLR	13.87
17 Frazer, Katie	11	BLR	13.97
18 Coulter, Madi	11	BEN	14.03
19 Turner, Maddie	12	BEN	14.11
20 Uffelmann, Caroline	11	BLR	14.21
20 McMurray, Taylor	10	NORR	14.21
22 Miller, Kennedy	10	PLAT	14.23
23 Simrell, Gillian	10	NCHS	14.58
24 Widick, Rachel	12	PLAT	14.61

Event 1 Girls 100 Meter Dash

Meet: 12.10M 2005 Alyssa Vierregger

Name	Yr	Team	Finals
Finals			
1 Schernikau, Sydney	12	WAV	12.50
2 Gilbert, Lexie	11	ELK	12.51
3 Roy, Mackenzie	12	NORR	12.52
4 Bartels, Michaela	12	BEN	12.56
5 Bothwell, Isabel	12	GHS	12.99
6 Moyer, Taylor	12	NCHS	13.06
7 Hartweg, Grace	10	WAV	13.22
8 Wieczorek, Maddie	09	GHS	13.37

Event 3 Girls 200 Meter Dash

Meet: 25.40M 2005 Alyssa Vierregger

Lane Name	Yr	Team	Prelims
Preliminaries			
1 Gilbert, Lexie	11	ELK	25.99Q
2 Bartels, Michaela	12	BEN	26.07Q
3 Schernikau, Sydney	12	WAV	26.53Q
4 Moyer, Taylor	12	NCHS	26.56q
5 Wieczorek, Maddie	09	GHS	27.40q
6 Keller, Kira	12	WAV	27.48q
7 Schiefelbein, Lizzie	11	ELK	27.69q
8 Chappell, Isabella	11	PLAT	27.81q
9 Qualset, Maya	10	WAV	28.00
10 Ryan, Taylor	10	BEN	28.21

11 Wiggins, Alexis	10	NORR	28.47
12 Auman, Megan	12	NORR	28.63
13 Ericson, Alexa	09	ELK	28.72
14 Skiles, Kierney	12	GHS	28.75
15 Walters, Kristen	09	GHS	28.80
16 Hoover, Alexis	10	NCHS	28.98
17 Jimenez, Alivia	10	BEN	29.05
18 French, Avory	09	BLR	29.83
19 Frazer, Katie	11	BLR	30.04
20 Widick, Rachel	12	PLAT	30.20
21 Uffelmann, Caroline	11	BLR	30.40

Event 3 Girls 200 Meter Dash

Meet: 25.40M 2005 Alyssa Vierregger

Name	Yr	Team	Finals
Finals			
1 Bartels, Michaela	12	BEN	25.58
2 Schernikau, Sydney	12	WAV	25.65
3 Gilbert, Lexie	11	ELK	25.91
4 Moyer, Taylor	12	NCHS	26.87
5 Keller, Kira	12	WAV	27.43
6 Wieczorek, Maddie	09	GHS	27.73
7 Chappell, Isabella	11	PLAT	27.96
8 Schiefelbein, Lizzie	11	ELK	28.14

Event 5 Girls 400 Meter Dash

Meet: 57.46M 2017 Amanda Young

Lane Name	Yr	Team	Finals
Finals			
1 Bartels, Michaela	12	BEN	58.32
2 Clarke, Abigail	12	WAV	59.92
3 Keller, Kira	12	WAV	1:01.72
4 Sabatka, Chloe	11	PLAT	1:02.39
5 Bunjer, Taylor	09	ELK	1:02.63
6 Makovicka, Jady	12	GHS	1:03.28
7 Lambrecht, Averie	12	WAV	1:03.89
8 Garner, Aly	12	BLR	1:03.91
9 Neal, Kyah	10	ELK	1:05.02
10 Hoover, Alexis	10	NCHS	1:05.67
11 Jones, Taylor	11	PLAT	1:05.69
12 Walters, Kristen	09	GHS	1:06.33
13 Haddix, Maddi	11	GHS	1:06.66
14 Baughman, Makayla	09	BLR	1:06.86
15 Palmer, Michaela	09	ELK	1:08.22
16 Macklin, Grace	10	NORR	1:10.42
17 Havlat, Laci	09	NORR	1:13.98
18 Madsen, Reese	10	NCHS	1:15.73

Event 7 Girls 800 Meter Run

Meet: 2:08.60M 1999 Alice Schmidt

Lane Name	Yr	Team	Finals
Finals			
1 Lamski, Grace	11	ELK	2:22.46
2 Meisinger, Jessica	09	PLAT	2:26.58
3 Danson, Alex	12	WAV	2:26.93
4 Lange, Grace	10	WAV	2:30.03
5 Metschke, Abby	10	ELK	2:30.56

6 Moore, Kaylee	11	GHS	2:32.32
7 Sabatka, Chloe	11	PLAT	2:34.94
8 Roskens, Mary	10	BLR	2:34.96
9 Caba, Taylor	11	PLAT	2:37.90
10 Hartman, Sofia	09	ELK	2:38.59
11 Szaro, Amber	12	GHS	2:44.16
12 Pfeiffer, Brooke	09	NORR	2:45.65
13 Knudtson, Lillian	11	BLR	2:46.03
14 Suhr, Darcy	09	WAV	2:46.97
15 Rohrer, Anna	09	NORR	2:57.73
16 James, Carter	09	NCHS	3:10.09

Event 9 Girls 1600 Meter Run

Meet: 5:17.06M 2017 Mazie Larsen

Name	Yr	Team	Finals
Finals			
1 Yardley, Maddie	10	ELK	5:27.21
2 Adams, Kayla	11	GHS	5:29.51
3 Gress, Emily	12	BEN	5:42.92
4 Caba, Taylor	11	PLAT	5:44.31
5 Mead, Corrine	09	ELK	5:45.27
6 Gourlay, Libby	10	NORR	5:46.13
7 Schaulis, Chloe	10	NCHS	5:46.23
8 Danson, Alex	12	WAV	5:58.52
9 Pollan, Hannah	12	ELK	5:58.57
10 Susie, Hannah	10	NORR	5:59.99
11 Stender, Bailey	09	GHS	6:03.79
12 Borer, Lauren	12	NORR	6:05.28
13 Rourke, Emelia	09	WAV	6:16.02
14 Caba, Lyndsey	09	PLAT	6:20.27
15 Lasure, Ava	10	PLAT	6:20.96
16 Lange, Grace	10	WAV	6:29.63
17 Marcinek, Emma	09	BEN	6:30.51
18 Harter, Payton	12	GHS	6:33.09
19 Lamoureux, Emily	09	BLR	6:57.86
20 James, Carter	09	NCHS	7:13.30

Event 11 Girls 3200 Meter Run

Meet: 11:21.30M 2003 Heather Kuhlman

Name	Yr	Team	Finals
Finals			
1 Caba, Taylor	11	PLAT	12:10.59
2 Gourlay, Libby	10	NORR	12:12.82
3 Windrum, Hudson	10	ELK	12:14.87
4 Mead, Corrine	09	ELK	12:30.44
5 Wittland, Calla	09	BEN	12:31.96
6 Schaulis, Chloe	10	NCHS	12:41.82
7 Susie, Hannah	10	NORR	12:45.45
8 Pollan, Hannah	12	ELK	12:59.36
9 Lasure, Ava	10	PLAT	13:11.68
10 Elftmann, Sarah	09	BEN	13:20.97
11 Pemberton, Grace	09	GHS	13:41.85
12 Schwarzenbach, Madison	11	WAV	14:55.75

2019 EMC Championships - 5/2/2019

Gretna High School

Results

Event 13 Girls 100 Meter Hurdles

Meet: 15.10M 1992 Becky Kastrick

Lane	Name	Yr	Team	Prelims
Preliminaries				
1	Clarke, Abigail	12	WAV	15.90Q
2	Webster, Addison	09	GHS	15.95Q
3	Lauenstein, Whitney	10	WAV	15.91Q
4	Kuck, Chandler	12	NORR	17.56Q
5	Neneman, Fidelis	10	ELK	17.22q
6	Deines, Grace	12	GHS	17.34q
7	Ray, Madyson	11	BLR	17.67q
8	Unger, Hannah	12	BEN	17.83q
9	Zetterman, Raegan	10	NORR	17.97
10	Damme, Carly	10	BLR	18.19
11	Bishop, Savannah	09	ELK	18.35
12	DeWispelare, Anna	11	ELK	18.48
13	Russell, Kaiya	12	GHS	18.67
14	Cemer, Sami	09	BLR	19.78
15	Guthard, Hailee	09	WAV	19.88
16	Barnes, Jozlyn	09	PLAT	22.29

Event 13 Girls 100 Meter Hurdles

Meet: 15.10M 1992 Becky Kastrick

Name	Yr	Team	Finals
Finals			
1	Lauenstein, Whitney	10	WAV 15.95
2	Clarke, Abigail	12	WAV 16.72
3	Neneman, Fidelis	10	ELK 17.15
4	Kuck, Chandler	12	NORR 17.49
5	Deines, Grace	12	GHS 17.64
6	Webster, Addison	09	GHS 18.77
7	Ray, Madyson	11	BLR 22.74
8	Unger, Hannah	12	BEN 23.35

Event 15 Girls 300 Meter Hurdles

Meet: 45.76M 1998 Kelli Brummer

Lane	Name	Yr	Team	Finals
Finals				
1	Clarke, Abigail	12	WAV	46.33
2	Makovicka, Jady	12	GHS	48.15
3	Webster, Addison	09	GHS	49.11
4	Kuck, Chandler	12	NORR	49.32
5	Lauenstein, Whitney	10	WAV	49.53
6	Ray, Madyson	11	BLR	49.69
7	Tracy, Taryn	11	NORR	49.74
8	Deines, Grace	12	GHS	49.99
9	Damme, Carly	10	BLR	50.86
10	Zetterman, Raegan	10	NORR	51.64
11	Heedum, Kenzie	09	ELK	52.54
12	Barnes, Jozlyn	09	PLAT	52.87
13	Unger, Hannah	12	BEN	53.11
14	Rupprecht, Ellie	12	BEN	53.58
15	Guthard, Hailee	09	WAV	58.73

Event 17 Girls 4x100 Meter Relay

Meet: 50.38M 2016

Team	Relay	Finals
S. Schernikau, T. Goodban, E. Clarke & M. Hoy		
Finals		
1	Elkhorn	A 50.51
	Neneman, Fidelis 10	Gilbert, Lexie 11
	Dalton, Ella 09	Schiefelbein, Lizzie 11
2	Norris	A 51.65
	Tracy, Taryn 11	McMurray, Taylor 10
	McCain, Morgan 12	Roy, Mackenzie 12
3	Gretna	A 51.69
	Skiles, Kierney 12	Bothwell, Isabel 12
	Deines, Grace 12	Wieczorek, Maddie 09
4	Bennington	A 52.19
	Coulter, Madi 11	Bartels, Michaela 12
	Turner, Maddie 12	Ryan, Taylor 10
5	Nebraska City	A 53.23
	Moyer, Taylor 12	Hoover, Alexis 10
	Simrell, Gillian 10	Tolusso, Fiona 12
6	Plattsmouth	A 54.22
	Chappell, Isabella 11	Widick, Rachel 12
	Meisinger, Jessica 09	Miller, Kennedy 10
---	Waverly	A DNF
	Schernikau, Sydni 12	Qualset, Maya 10
	Hartweg, Grace 10	Clarke, Abigail 12

Event 19 Girls 4x400 Meter Relay

Meet: 4:05.32M 2013

Team	Relay	Finals
Am. Cook, B. Schuelke, M. Hoy & Ash Cook		
Finals		
1	Elkhorn	A 4:13.31
	Lamski, Grace 11	Bunjer, Taylor 09
	Neal, Kyah 10	Schiefelbein, Lizzie 11
2	Waverly	A 4:17.32
	Keller, Kira 12	Schernikau, Sydni 12
	Hartweg, Grace 10	Lauenstein, Whitney 10
3	Blair	A 4:18.18
	Garner, Aly 12	Roskens, Mary 10
	Baughman, Makayla 09	Galbraith, Grace 10
4	Gretna	A 4:18.38
	Walters, Rachel 12	Webster, Addison 09
	Haddix, Maddi 11	Makovicka, Jady 12
5	Plattsmouth	A 4:19.94
	Sabatka, Chloe 11	Meisinger, Jessica 09
	Chappell, Isabella 11	Jones, Taylor 11
6	Bennington	A 4:26.61
	Rupprecht, Ellie 12	Turner, Maddie 12
	Unger, Hannah 12	Goertz, Amber 10
7	Norris	A 4:29.16
	Kuck, Chandler 12	Behrens, Saylor 10
	Tracy, Taryn 11	Zetterman, Raegan 10

Event 21 Girls 4x800 Meter Relay

Meet: 9:40.49M 2017

Team	Relay	Finals
Ap. Graham, J. Davis, S. McKinley & T. Caba		
Finals		
1	Gretna	A 10:17.76
	Adams, Kayla 11	Walters, Rachel 12
	Kocian, Raigan 12	Moore, Kaylee 11
2	Plattsmouth	A 10:21.10
	Caba, Taylor 11	Jones, Taylor 11
	Meisinger, Jessica 09	Caba, Lyndsey 09
3	Elkhorn	A 10:21.63
	Kimmach, Taylor 10	Hartman, Sofia 09
	McLaughlin, Madison 09	Metschke, Abby 10
4	Waverly	A 11:06.15
	Rourke, Emelia 09	Schwarzenbach, Madison 10
	Suhr, Darcy 09	Bogle, Lily 09
5	Norris	A 11:09.66
	Borer, Lauren 12	Hartman, Lindsey 10
	Rohrer, Anna 09	Pfeiffer, Brooke 09
6	Bennington	A 11:10.27
	Elftmann, Sarah 09	Wittland, Calla 09
	Marcinek, Emma 09	Gress, Emily 12

Event 23 Girls High Jump

Meet: 5-08M 1987 Janet Kruse

Name	Yr	Team	Finals
Finals			
1	Lauenstein, Whitney	10	WAV 5-00.00
2	Cogswell, Kate	09	GHS 4-10.00
2	Henson, Isabel	12	GHS 4-10.00
4	Baerentzen, Amarie	10	ELK J4-10.00
5	Russell, Kaiya	12	GHS 4-08.00
6	Russell, Rachel	10	NCHS J4-08.00
7	Roskens, Mary	10	BLR J4-08.00
7	Perrotto, Kelsey	11	WAV J4-08.00
7	French, Ivory	09	BLR J4-08.00
10	Rupprecht, Ellie	12	BEN 4-06.00
10	Wilkinson, Paige	11	NORR 4-06.00
10	Daggett, Paige	09	BLR 4-06.00
10	Tolusso, Fiona	12	NCHS 4-06.00
---	Nielsen, Jordan	11	WAV NH
---	Havlat, Laci	09	NORR NH
---	Macklin, Grace	10	NORR NH
---	Haugaard, Payton	09	PLAT NH
---	Hardy, Krista	09	PLAT NH

Event 25 Girls Pole Vault

Meet: 10-07M 2007 Natalie Willer

Name	Yr	Team	Finals
Finals			
1	Galbraith, Grace	10	BLR 9-06.00
2	Havlat, Lauren	12	NORR J9-06.00
3	Everhart, Nicole	11	GHS 9-02.00
4	Hartweg, Grace	10	WAV J9-02.00
5	Crafton, Ari	10	ELK 8-08.00

2019 EMC Championships - 5/2/2019

Gretna High School

Results

Finals ... (Event 25 Girls Pole Vault)

6	Glatter, Corista	09	GHS	8-02.00
7	Behrends, Calley	09	NORR	J8-02.00
7	Haley, Jayden	10	GHS	J8-02.00
7	LeClair, Sydni	11	BEN	J8-02.00
7	Bishop, Savannah	09	ELK	J8-02.00
7	Blum, Ali	12	BLR	J8-02.00
12	Fritzingler, Jordyn	12	WAV	7-08.00
13	Buchholz, Anna	12	WAV	7-02.00
13	Bryant, Rylie	09	BEN	7-02.00
---	Morris, Kyleigh	11	PLAT	NH
---	Cemer, Sami	09	BLR	NH
---	Rhodes, Meg	12	NORR	NH
---	Haugaard, Payton	09	PLAT	NH

12	John, Kylie	12	BEN	30-07.75
13	Dehning, Morgan	11	WAV	30-05.00
14	Soares, Rumer	09	WAV	30-01.00
15	Havlat, Laci	09	NORR	30-00.00
16	Brandon, Maya	12	GHS	29-09.50
17	French, Avory	09	BLR	29-03.50
18	Jensen, Grace	12	BEN	29-01.75
19	Hardy, Krista	09	PLAT	29-01.25
20	Knudtson, Lillian	11	BLR	28-08.00
21	Caba, Mackenzie	10	PLAT	28-06.50

14	Weidler, Sammi	10	ELK	29-06.25
15	VanderHamm, Molly	10	NORR	29-06.00
16	Hellbusch, Rylee	10	PLAT	29-04.75
17	Morrison, Haley	12	NORR	28-11.50
18	Stephens, Anika	09	BEN	27-11.00
19	Pignotti, Hailey	09	ELK	27-10.75
20	Knust, Josie	10	PLAT	27-02.00
21	Flynn, Maya	09	BEN	27-01.50
22	Miller, Kennedy	10	PLAT	25-09.00
23	Keatts, Katie	11	BEN	24-10.25

Event 27 Girls Long Jump

Meet: 18-06.75M 2009 Anne Martin

Lane Name	Yr	Team	Finals	
Finals				
1	Neneman, Fidelis	10	ELK	17-06.25
2	Bothwell, Isabel	12	GHS	16-11.00
3	Moyer, Taylor	12	NCHS	16-02.00
4	Lambrecht, Averie	12	WAV	15-05.50
5	Windrum, Campbell	10	ELK	15-04.00
6	Ahrens, Grace	11	GHS	14-11.50
7	Wiggins, Alexis	10	NORR	14-10.25
7	Madsen, Reese	10	NCHS	14-10.25
9	Dehning, Morgan	11	WAV	14-10.00
10	Ryan, Taylor	10	BEN	14-09.00
10	Crouch, Emma	11	ELK	14-09.00
12	Woods, Sydney	09	GHS	14-07.00
13	Becher, Mckenna	09	NORR	14-04.75
14	Macklin, Grace	10	NORR	14-03.00
14	Tolusso, Fiona	12	NCHS	14-03.00
16	French, Avory	09	BLR	14-01.75
17	Hardy, Krista	09	PLAT	13-09.50
18	Knudtson, Lillian	11	BLR	13-08.25
19	Soares, Rumer	09	WAV	13-05.25
20	Jensen, Grace	12	BEN	13-01.00
21	Caba, Mackenzie	10	PLAT	12-10.00

Event 31 Girls Discus Throw

Meet: 161-02M 1997 Emily Duran

Lane Name	Yr	Team	Finals	
Finals				
1	Hoos, Tyza	12	WAV	130-09
2	VanderHamm, Molly	10	NORR	116-03
3	Mitchell, Madi	10	NCHS	105-02
4	Blum, Ali	12	BLR	102-06
5	Larsen, Micki	12	WAV	100-10
6	Trice, Patricia	11	NCHS	100-07
7	Rohlf, Alexis	10	WAV	96-11
8	Osterhaus, Kate	09	NORR	96-07
9	Anthens, Mackenzie	12	NCHS	93-00.50
10	Boon, Matthea	10	NORR	91-11
11	Reimer, Sidney	09	GHS	88-07
12	Anderson, Lauren	09	GHS	87-10
13	Hellbusch, Rylee	10	PLAT	87-09
14	Baker, Hailey	10	BLR	84-02
15	Nadgwick, Abby	10	ELK	83-08
16	Knust, Josie	10	PLAT	82-00
17	Baughman, Makayla	09	BLR	79-08
18	Murray, Tia	10	ELK	77-00
19	Hemphill, Carmel	11	GHS	75-08
20	Keatts, Katie	11	BEN	72-00
21	McGuire, Alissa	09	BEN	60-05
22	Mckim, Isabel	12	PLAT	58-09
23	Schumacher, Emma	10	BEN	49-05
---	Anderson, Lauren	11	ELK	ND

Event 29 Girls Triple Jump

Meet: 38-08.75M 2009 Anna Weigandt

Lane Name	Yr	Team	Finals	
Finals				
1	Lambrecht, Averie	12	WAV	35-08.25
2	Schaecher, Kenedy	11	GHS	35-03.75
3	Thomas, Addie	10	ELK	35-00.75
4	Sabatka, Chloe	11	PLAT	34-08.25
5	Crouch, Emma	11	ELK	33-05.00
6	Madsen, Reese	10	NCHS	33-03.25
7	Lakers, Kylee	11	GHS	33-03.00
8	Wiggins, Alexis	10	NORR	32-08.00
9	Balfour, Abby	11	NCHS	31-02.00
10	Becher, Mckenna	09	NORR	31-00.75
11	Windrum, Campbell	10	ELK	30-11.75

Event 33 Girls Shot Put

Meet: 49-11M 2013 Aaliyah Pete

Lane Name	Yr	Team	Finals	
Finals				
1	Gerlach, Val	12	WAV	38-01.25
2	Ozenbaugh, Olivia	11	NORR	37-11.75
3	Trice, Patricia	11	NCHS	36-08.75
4	Hoos, Tyza	12	WAV	36-07.00
5	Baker, Hailey	10	BLR	35-07.75
6	Mitchell, Madi	10	NCHS	35-05.00
7	Kappler, Katyn	09	WAV	34-11.75
8	Anderson, Lauren	11	ELK	34-09.50
9	Bottoff, Alyssa	10	NCHS	33-09.50
10	Anderson, Lauren	09	GHS	32-02.50
11	Freyer, Alexis	10	GHS	31-05.00
12	Hemphill, Carmel	11	GHS	30-10.50
13	Baughman, Makayla	09	BLR	30-10.25

2019 EMC Championships - 5/2/2019

Gretna High School

Team Rankings - Through Event 33

Female Team Scores

Place	School		Points
1	Waverly	WAV	140
2	Elkhorn	ELK	108
3	Gretna	GHS	90
4	Norris	NORR	57
5	Plattsmouth	PLAT	41
6	Bennington	BEN	38
7	Nebraska City	NCHS	30
8	Blair	BLR	23
Total			527.00